

# ARCHA.LAB ATELIERS



## Body Weather Workshop with Frank van de Ven

**Place: Studio Archa Lab, Zlatnická 8, Prague 1**

**Date: Weekend Saturday 25th and Sunday 26th April 2015**

**Time: From 11am to 5 pm**

**Workshop fee: regular 2000 CZK / student: 1 500 CZK**

**The working language of the workshop will be English.**

Body Weather is a comprehensive approach to training and performance that investigates the intersections of bodies and their environments. Bodies are conceived not as fixed and separate entities but as constantly changing - just like the weather. Weather is seen as a complex system of forces and influences coursing through and beyond bodies and the world.

After a thorough training and work with a partner on breathing, stretching, alignment and the notion of 'relaxation' in the morning, we will delve into the particulars of improvisation in dance and movement. We'll explore both physical and mental states of being and creating movement, improvise on non-existing scores, inspect prevalent habits and patterns and engage in some Oulipian games.

The term & philosophical basis for Body Weather was founded in the early 1980's by dancer Min Tanaka and further developed by Laboratories worldwide. Frank van de Ven was a member of Tanaka's Majuku Performance Company in Japan, from 1983-1991. With Katerina Bakatsaki he leads Body Weather Amsterdam, a platform for training and performance. Currently they are regular guest teachers at the SNDO - School for New Dance Development in Amsterdam.

As a training, Body Weather is of relevance to anyone interested in exploring the body and physical presence and this workshop is suited to dance, theatre and movement practitioners and artists of various backgrounds.

More informations:

[www.archatheatre.cz](http://www.archatheatre.cz)

[www.bodyweatheramsterdam.blogspot.com](http://www.bodyweatheramsterdam.blogspot.com)

**Reservations: Markéta Prchalová, Production Archa.lab**

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## APPLICATION FORM

**Workshop Body Weather with Frank van de Ven  
25–26. April 2015 from 11am to 5 pm**

**Name:**

**Contact phone number:**

**Contact: e-mail:**

**Amount and method of payment:**

**Date:**

**Signature:**

**Please submit filled in application forms to the Archa Theatre box office.**

Archa Theatre Box Office,  
Na Pořčí 26, 110 00 Prague 1,  
221 716 333,  
[pokladna@divadloarcha.cz](mailto:pokladna@divadloarcha.cz)  
MON – FRI 10:00 – 18:00 and 2 hours  
before performances.

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